

# PRP FOR HAIR RESTORATION

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## *Post-Treatment Instructions*

- It is normal to experience bruising, itching, swelling, and soreness that can last up to 7 days. The scalp may feel tight and tender. Please **DO NOT** touch, rub, or press the treated area for at least 8 hours.

For the 48 hours avoid:

- Aspirin/Advil/Motrin/Voltaren.
- Alcohol, Smoking, Caffeine,
- Direct Exposure to Sunlight Ice packs.
- Strenuous Exercise.
- Washing your hair.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

*Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!*